



K26P 0778

Reg. No. :

Name :

IV Semester M.S.W. Degree (C.B.C.S.S. – OBE – Regular/Supple./Imp.)
Examination, April 2026
(2023 Admission Onwards)
MW MSW04E16 (MP) – PSYCHOTHERAPEUTIC INTERVENTIONS FOR
SOCIAL WORKERS

Time : 3 Hours

Max. Marks : 40

PART – A

Answer **any five** questions. **Each** question carries **two** marks.

1. Define Carl Jung's concept of the collective unconscious.
2. List three core conditions of Carl Rogers' Person-Centered Therapy.
3. Define solution-focused therapy in post modern approaches.
4. What is the main goal of Narrative Therapy ?
5. Explain cognitive distortions according to Beck.
6. Substantiate defence mechanism with examples. (5×2=10)

PART – B

Answer **any three** questions in **not less than 200** words. **Each** question carries **four** marks.

7. How does Adlerian therapy view the role of social interest in personality development ?
8. Discuss the key principles of reality therapy by William Glasser.
9. Explain the role of conditioning in behaviour therapy.
10. Analyze the effectiveness of REBT in treating irrational thoughts.
11. Explain the importance of perception in George Kelly's personal construct therapy. (3×4=12)

P.T.O.



PART – C

Answer **any three** questions in **not less than 500** words. **Each** question carries **six** marks.

12. Discuss the impact of cognitive therapy in modern psychotherapy.
13. Critically evaluate the role of responsibility in reality therapy.
14. Discuss the role of the unconscious in Freud's therapy.
15. Shalini, a 50-year-old mother, is struggling with intergenerational conflicts in her family. Her adult children often criticize her parenting style, making her feel guilty and disconnected. She wants to improve communication within the family. How can Multi-Generational Family Therapy help Shalini navigate these conflicts ?
16. Gopal, a 23-year-old college student, failed his midterm examination and believes that he is a failure. He repeatedly says "I always fail," "I am useless," and "Everyone will avoid me." etc... He approaches you as a therapist. What therapy or therapies can you use to help him overcome the problem and how ? (3×6=18)

