



K25P 3570

Reg. No. :

Name :

I Semester M.Sc. Degree (C.B.C.S.S. – O.B.E. – Reg./Supple./Imp.)

Examination, October 2025

(2023 Admission Onwards)

COUNSELLING PSYCHOLOGY

MSCPS01C03 : Fundamentals of Counselling Psychology

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any five** of the following. **Each** question carries **3** marks. Answer should **not** exceed **100** words.

(5×3=15)

1. Discuss the role of client characteristics in counselling.
2. What is therapeutic alliance ?
3. Role of psychoeducation in counselling.
4. Use of leading questions.
5. Importance of the use of encouragement skill in group counselling process.
6. List out the major ethical principles in counselling.

SECTION – B

Answer **any three** of the following questions. **Each** question carries **5** marks.

(3×5=15)

7. Illustrate the effective use of nonverbal behaviour.
8. Explain the major hindrances to active listening.
9. Explain the major Personal characteristics of a counsellor that aid in counselling process.

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10. Describe the final stage of group counselling and importance of termination skill.
11. Outline the ethical responsibilities of a professional counsellor.

SECTION – C

Answer **any three** of the following. **Each** question carries **10** marks. **(3×10=30)**

12. Define Counselling. Discuss the roles and functions of a counsellor.
13. Analyse the role of verbal communication in fostering active listening and empathetic understanding.
14. Examine the role of counsellor at different stages of counselling.
15. How to effectively manage the transference, counter transference and ruptures in therapeutic alliance ?
16. Explain the characteristics of an effective counselling supervisor.

