



K21P 1062

Reg. No. : .....

Name : .....



III Semester M.Sc. Degree (CBSS – Reg./Sup./Imp.)  
Examination, October 2021  
(2018 Admission Onwards)  
**COUNSELLING PSYCHOLOGY**  
**PSY3E03 – Addiction Counselling**

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any five** questions. **Each** question carries 2 marks.

(5×2=10)

1. Crisis intervention.
2. Withdrawal symptoms.
3. Control theory.
4. Codependency.
5. Pharmacokinetics.
6. Group leader techniques.
7. Motivation Enhancement Therapy.

SECTION – B

Answer **any two** questions. **Each** question carries 5 marks.

(2×5=10)

8. Main focus on treatment plans for addiction treatment.
9. Self-help groups role in relapse prevention.
10. Pharmacological application to drug abuse.

P.T.O.



SECTION – C

Answer **any two** questions. **Each** question carries **8** marks. (2×8=16)

11. Discuss the relapse prevention strategies.
12. Elaborate how drug affect nervous system and behavioral change.
13. Elucidate the need and importance of family therapy for the management of addiction.

SECTION – D

Answer **any two** questions. **Each** question carries **12** marks. (2×12=24)

14. Illustrate causal factors of substance abuse and dependency disorders.
  15. What is addiction in general and the stages of addiction ?
  16. Explain the types of addictive drugs, the use and abuse.
  17. Describe behavioural and cognitive approach in the management of substance abuse disorders.
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