



K26U 0228

Reg. No. :

Name :

Sixth Semester B.Sc. Degree (C.B.C.S.S. – O.B.E. – Regular/
Supplementary/Improvement) Examination, April 2026
(2020 to 2023 Admissions)

CORE COURSE IN PSYCHOLOGY
6B15PSY : Counselling Psychology

Time : 3 Hours

Max. Marks : 40

PART – A

Define the following. Answer **all** questions. **Each** carries 1 mark.

(6×1=6)

1. Counselling skills.
2. Non-maleficence.
3. Immediacy.
4. Career counselling.
5. Fidelity.
6. Abuse counselling.

PART – B

Write short essays on **any six** of the following. **Each** carries 2 marks.

(6×2=12)

7. Goals of guidance.
8. In-depth exploration stage.
9. Follow-up in counselling.
10. Client qualities influencing counselling.

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11. Record keeping in counselling.
12. Peer counselling.
13. Counselling families.
14. Counselling the aged.

PART – C

Write answers on **any four** of the following in **not** less than **150** words. **Each** carries **3** marks. **(4×3=12)**

15. Describe the fundamental principles of counselling.
16. Explain the difference between guidance and counselling.
17. Discuss the tactics used in counselling such as self-disclosure, reassurance and humour.
18. Explain the role of ethics in counselling practice.
19. Describe school counselling and its functions.
20. Explain counselling with individuals having abuse or disability issues.

PART – D

Answer **any two** of the following in **not** more than **300** words. **Each** carries **5** marks. **(2×5=10)**

21. Explain the content and processes involved in counselling.
 22. Discuss the APA ethical standards for professional counsellors.
 23. Describe the challenges faced while counselling diverse populations.
 24. Explain the importance and applications of group counselling.
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