

**DON BOSCO ARTS & SCIENCE COLLEGE
ANGADIKADAVU**

(Affiliated to Kannur University Approved by Government of Kerala)

ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



COURSE PLAN

Department of Psychology
M Sc. Counselling Psychology
(2021 – 23)

SEMESTER - III

ACADEMIC YEAR - (2022-23)

III Semester Department (2021 - 23)

SL. No.	Name of Subjects with Code	Name of the Teacher	Duty Hours per week
1.	PSY3 C09 - RESEARCH METHODOLOGY & DATA ANALYSIS	Keerthana Sivan	5
2.	PSY3 C10 - COMMUNITY PSYCHOLOGY	Manjith R	5
3.	PSY E03 - ADDICTION COUNSELLING	Dr. Fr. Kuriakose Pallikunnel	5
4.	PSY E06 - FAMILY COUNSELLING	Simmy S. Cherain	5
	Name of Class Incharge	Simmy S. Cherain	

TIME TABLE

Day	09.50 Am - 10.45 Am	10.45 Am - 11.40 Am	11.55 Am - 12.50 Pm	01.40 Pm - 02.35 Pm	02.35 Pm - 03.30 Pm	03.35 Pm - 04.30 Pm
1	Keerthana	Fr. Kuriakose	Simmy S.	Manjith R	Research	Counseling psychology Practical
2	Simmy S.	Fr. Kuriakose	Keerthana	Manjith R	Practical	Counseling psychology Practical
3	Keerthana	Fr. Kuriakose	Manjith R	Simmy S.	Research	Counseling psychology Practical
4	Simmy S.	Fr. Kuriakose	Keerthana	Manjith R	Research	Counseling psychology Practical
5	Manjith R	Fr. Kuriakose	Simmy S.	Keerthana	Practical	Counseling psychology Practical

Subject Code:	PSY3 C09
Subject Name:	RESEARCH METHODOLOGY & DATA ANALYSIS
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	KEERTHANA SIVAN

SYLLABUS OF RESEARCH METHODOLOGY & DATA ANALYSIS

Objectives

- To familiarize the students with the methods in psychological research
- To make the students learn various sampling techniques and research designs
- To help the students to get broader understanding on report writing and ethical issues in psychological research

Module 1: Introduction:

Scientific research: definition, characteristics, psychological research: goals, basic terms: concepts, constructs, variables, problem- review of literature, hypothesis, types of research- basic and applied, experimental and non-experimental, laboratory experiment, field study and field experiment, quantitative and qualitative, historical research, Stages in research.

Module 2: Sampling & Data collection methods:

Sample and population, normal distribution curve, sampling, probability and non probability sampling: types, primary and secondary data, questionnaire, schedule, interview, observation, survey.

Module 3: Designs of research:

Research design, purpose of research design, criteria of research design, basic principles of experimental designs, types of experimental designs: pre-experimental designs, between group designs, within group designs, quasi experimental designs, small N designs

Module 4: Analysis and interpretation:

Quantitative and qualitative analysis. Qualitative dealing with qualitative data, hypothesis testing: errors, parametric tests: assumptions, correlation, correlation coefficient, Pearson and Spearman, regression, t test, ANOVA, MANOVA, factor analysis, discriminant function analysis, path analysis. non parametric tests: chi-square, Wilcoxon signed rank test, Mann- whitney U test, Kruskal Wallis H test, Friedman test.

Module 5: Writing report and ethical issues:

General purpose of writing a research report, structure and format of report- APA style, preparing a research proposal, computer applications in research- using SPSS, Ethics in research.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	06-06-2022 To 10-06-2022	1	Introducing the syllabus
		2	Module 1: Introduction. Scientific research: definition, characteristics.
		3	Psychological research: goals. Concept, constructs and variables
		4	Problem- review of literature, hypothesis
		5	Types of research: basic and applied
2	13-06-2022 To 17-06-2022	6	experimental and non-experimental. Laboratory experiments, Field study and field experiment
		7	quantitative and qualitative, historical research, stages in research.
		8	Module 2: sampling and data collection methods. Sample and population. Sampling: probability and non-probability sampling.
		9	Normal distribution curve
		10	primary and secondary data questionnaire, schedule,
3	20-06-2022 To 24-06-2022	11	interview, observation, survey.
		12	Class test: module 1
		13	Module 3: Designs of research: Research design, purpose of research design
		14	criteria of research design, basic principles of experimental designs
		15	types of experimental designs: pre experimental designs
4	27-06-2022 To 01-07-2022	16	between group designs, within group designs
		17	quasi experimental designs
		18	small N designs
		19	Class test: module 2
		20	Module 4: Analysis and interpretation: Quantitative and qualitative analysis. Qualitative dealing with qualitative data
5	04-07-2022 To 08-07-2022	21	hypothesis testing: errors
		22	parametric tests: assumptions, correlation, correlation coefficient, Pearson
		23	Spearman
		24	Regression
		25	t- test
6	11-07-2022	26	I Internal Examination

No of Weeks	Dates	Session	Topic
	To 15-07-2022	27	I Internal Examination
		28	I Internal Examination
		29	I Internal Examination
		30	I Internal Examination
7	18-07-2022 To 22-07-2022	31	ANOVA
		32	MANOVA
		33	factor analysis
		34	discriminant function analysis
		35	Path analysis.
8	25-07-2022 To 29-07-2022	36	non parametric tests: chi-square
		37	Wilcoxon signed rank test
		38	Mann- whitney U test
		39	Kruskal Wallis H test
		28 July	Karkidaka Vav
9	01-08-2022 To 05-08-2022	40	Friedman test
		41	Class test: module 3
		42	Module 5: Writing report and ethical issues: General purpose of writing a research report, structure and format of report
		43	APA style
		44	preparing a research proposal
10	08-08-2022 To 12-08-2022	08 August	Muharam
		45	computer applications in research- using SPSS
		46	Ethics in research
		47	Class test: module 4 (half portion)
		48	Seminar presentation
11	15-08-2022 To 19-08-2022	15 August	Independance Day
		49	Seminar presentation
		18 August	Sree Krishna Jayanthi
		50	Seminar presentation
		51	Class test: module 4 (remaining)
12	22-08-2022 To 26-08-2022	52	Seminar presentation
		53	Seminar presentation
		54	Seminar presentation
		55	Class test: module 5
		56	Revision: Pearson and Spearman coefficient of correlation

No of Weeks	Dates	Session	Topic
13	29-08-2022 To 02-09-2022	57	Revision: t test
		58	Revision: ANOVA
		59	Revision: MANOVA
		60	Revision: chi square
		61	Revision: Wilcoxon signed rank test
14	05-06-2022 To 09-09-2022	05 September	ONAM VACATION
		06 September	ONAM VACATION
		07 September	ONAM VACATION
		08 September	ONAM VACATION
		09 September	ONAM VACATION
15	12-09-2022 To 16-09-2022	62	Revision: Mann- Whitney U test
		63	Revision: Kruskal wallis H test
		64	Revision: friedman test
		65	Revision: APA style
		66	Revision SPSS
		67	Assignment
16	19-09-2022 To 23-09-2022	68	Assignment
		69	Assignment
		21 September	Sree Narayana Guru Samadhi
		70	Revision: variables and hypothesis
		71	Revision: experimental and non- experimental research
		72	Revision: probability and non- probability sampling
17	26-09-2022 To 30-09-2022	73	II Internal Examination
		74	II Internal Examination
		75	II Internal Examination
		76	II Internal Examination
		77	II Internal Examination
		78	II Internal Examination
18	03-10-2022 To 07-10-2022	79	Revision: types of experimental design
		04 October	Maha Navami
		05 October	Vijaya Dashami
		80	Revision: quasi experimental design
		81	Revision: small N design
		82	Orientation class on SPSS
19	10-10-2022 To 14-10-2022	83	Class test: module 1 and 2
		84	Class test module 3 and 5
		85	Class test module 4
		86	Revision: module 1

No of Weeks	Dates	Session	Topic
		87	V Semester University Examination
		88	V Semester University Examination
20	17-10-2022 To 21-10-2022	89	V Semester University Examination
		90	V Semester University Examination
			Revision: module 2
			Revision: module 3
			Revision: module 4
	Revision: module 5		

Subject Code:	PSY3 C10
Subject Name:	COMMUNITY PSYCHOLOGY
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	Manjith R

SYLLABUS OF COMMUNITY PSYCHOLOGY

Objectives:

- To give the students an idea regarding community psychology.
- To make them aware about important of community mental health and community problems.
- To develop the basic understanding about human diversity and social change.

Module 1: Introduction

Community psychology: A shift in perspective. First order and second order change. Seven core values in community psychology. Historical and philosophical background. Ecological levels of analysis in community psychology. Methods of community research.

Module 2: Understanding Communities

What is community? Types & levels of communities. Sense of community. Key dimensions of human diversity. Individualism-collectivism spectrum of culture. Liberation and oppression. Identities and acculturation.

Module 3: Social Change

Types, approaches, reason and issues of social change. Creating and sustaining social change, citizen participation, networking, professional change agents: consultants, the non-professionals in community psychology, information dissemination, public policy.

Module 4: Community Mental Health

Community mental health and community mental health centres. Mental health models behavioristic, organizational, ecological and social action model. Prevention and promotion: Caplan primary, secondary, and tertiary prevention. Bower's model- KISS, AID, ICE. The prevention equation. Stress coping and social support. Community psychology in health care setting. M Sc Counselling Psychology

Module 5: community psychology intervention in diverse system.

Community psychology and educational system-problems of education and intervention in education system; delinquency and crime, Community psychology in legal setting and intervention in the criminal justice system, Community psychology in organizational setting - unemployment and under employment.

REFERENCES:

1. Dalton, J. H., Elias, M. J. & Wandersman, A. (2007). Community Psychology Linking Individuals and Communities. USA: Thomson Wadsworth Publication.
2. Duffy, K.P., & Wong, F. Y. (2003). Community Psychology (3rd ed). USA: Pearson education , Inc.
3. Rappaport, J. (1977). Community psychology- values, research and action. USA:Holt, rinchart & Winston.
4. Shanmugam, T.E. (1988). Community psychology. Madras:UTSAV
5. Nelson, G., & Prilietensky, I. (2005). Community psychology- in pursuit of liberation and well being. NewYork: Palgrave Macmillan.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	04-07-2022 To 08-07-2022	1	Syllabus Introduction
		2	Module 1: Introduction
		3	Community psychology: A shift in perspective
		4	First order and second order change.
		5	Seven core values in community psychology.
2	11-07-2022 To 15-07-2022	6	Historical and philosophical background
		7	Ecological Levels of analysis in community psychology.
		8	Methods of community research.
		9	Revision
		10	Unit test
3	18-07-2022 To 22-07-2022	11	Module 2: Understanding Communities: What is community
		12	Types & levels of communities
		13	Sense of community.
		14	Key dimensions of human diversity.
		15	Individualism-collectivism spectrum of culture.
4	25-07-2022 To 29-07-2022	16	Liberation and oppression.
		17	Identities and acculturation.
		18	Revision
		28 July	Karkidaka Vav
		19	Unit test
5	01-08-2022 To 05-08-2022	20	Module 3: Social Change: Types of Social Change
		21	Approaches of social change 1
		22	Approaches of social change 2
		23	Reason and issues of Social Change
		24	Creating and sustaining social change
6	08-08-2022 To	08 August	Muharam
		25	Citizen participation

No of Weeks	Dates	Session	Topic
	12-08-2022	26	Networking of Social Change
		27	Professional change agents: consultants, the non-professionals in community psychology
		28	Information dissemination
7	15-08-2022 To 19-08-2022	15 August	Independence Day
		29	Public policy
		30	Revision
		18 August	Sree Krishna Jayanthi
		31	Unit Test
8	22-08-2022 To 26-08-2022	32	I internal Examination
		33	I internal Examination
		34	I internal Examination
		35	I internal Examination
		36	I internal Examination
9	29-08-2022 To 02-09-2022	37	Module 4: Community Mental Health: Community mental health and community mental health centres
		38	Mental health models, behavioristic, organizational, ecological and social action model.
		39	Prevention and promotion: Caplan primary, secondary, and tertiary prevention.
		40	Bower's model- KISS,
		41	AID, ICE.
10	05-09-2022 To 09-09-2022	05 September	ONAM VACATION
		06 September	ONAM VACATION
		07 September	ONAM VACATION
		08 September	ONAM VACATION
		09 September	ONAM VACATION
11	12-09-2022 To 16-09-2022	42	The prevention equation.
		43	Stress coping and social support.
		44	Community psychology in health care
		45	Revision
		46	Unit test

No of Weeks	Dates	Session	Topic
12	19-09-2022 To 23-09-2022	47	Assignment presentation
		48	Assignment presentation
		21 September	Sree Narayana Guru Samadhi
		49	Module 5: community psychology intervention in diverse system.
		50	Community psychology and educational system problems of education and intervention in education system
13	26-09-2022 To 30-09-2022	51	Delinquency and crime,
		52	Community psychology in legal setting
		53	Intervention in the criminal justice system
		54	Community psychology in organizational setting
		55	Unemployment and under employment.
14	03-10-2022 To 07-10-2022	56	Community psychology in other areas
		04 October	Mahanavami
		05 October	Vijayadasami
		57	Revision
		58	Unit Test
15	10-10-2022 To 14-10-2022	59	Seminar Presentation
		60	Seminar Presentation
		61	Seminar Presentation
		62	Seminar Presentation
		63	Seminar Presentation
16	17-10-2022 To 21-10-2022	64	Seminar Presentation
		65	Seminar Presentation
		66	Revision
		67	Revision
		68	Revision
17	24-10-2022 To 28-10-2022	24 October	Deepavali
		69	II Internal Examination
		70	II Internal Examination
		71	II Internal Examination
		72	II Internal Examination
18	31-0-2022	73	Revision

No of Weeks	Dates	Session	Topic
	To 04-11-2022	74	Revision
		75	Revision
		76	Revision
		77	Revision
19	07-11-2022 To 11-11-2022	78	Revision
		79	Revision
		80	Revision
		81	Revision
		82	Revision
20	14-11-2022 To 18-11-2022	83	III Semester University Examination
		84	III Semester University Examination
		85	III Semester University Examination
		86	III Semester University Examination
		87	III Semester University Examination
		88	III Semester University Examination
21	21-11-2022 To 25-12-2022	89	III Semester University Examination
		90	III Semester University Examination

Subject Code:	PSY-E03
Subject Name:	ADDICTION COUNSELLING
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	Dr. Fr. Kuriakose Pallikunnel

SYLLABUS OF ADDICTION COUNSELLING

Objectives:

- To give the students an idea regarding counseling process and techniques in specialized area of addiction.
- To give the students a basic knowledge regarding the approaches in addiction counseling.
- To give the students an idea regarding what are the explanations and models of addictive behaviors

Unit 1: Addiction- an introduction

Definition; history; neurochemistry of addiction; Different models of addiction- biological, psychological, social models, moral, medical and harm reduction model. Course and stages of addiction; Types of addictive drugs

Unit 2: Neurobiology of addiction

How do drugs affect nervous system function and behavior- electrochemical communication between neurons, pharmaco-dynamics and pharmacokinetics; pharmacological application to drug abuse; neurobiological substrates of drug reward; brain change in response to prolonged drug exposure.

Unit 3: Counseling theories

Theories of counseling related to addiction treatment- dangers and recommendations. Psychoanalytic, person-centred, control theory, behavior theory and cognitive theory.

Unit 4: Interventions

Crisis intervention- short term counseling, common addiction recovery crisis, individual counseling- genuine counseling, treatment plans; group counseling- types of groups, stages of group development, group leader techniques, specific issues.

Family therapy- types of addictive families, basic concepts and techniques, co-dependency; self -help groups and relapse prevention.

Unit 5: Counseling for Alcohol Problems

Understanding Alcohol Problems, therapeutic approaches, process and stages of counseling, dealing with groups, preventing and dealing with relapse.

References

- Coombs, R.H. (2005). *Addiction Counseling Review-Preparing For Comprehensive, Certification And Licensing Examinations*. USA: Lawrence Erlbaum Associates.
- Miller, G. (2005). *Learning the Language of Addiction Counseling (2nd Ed.)*. USA: John Wiley And Sons.
- Velleman, R. (2011). *Counseling for Alcohol Problems*. (3rd ed.). London: Sage Publications.
- Rassool, G.H. (2011). *Understanding addiction behaviors- theoretical & clinical practice in health & social care*. New York: Palgrave Macmillan.
- Johnson, S.L. (2003). *Therapists guide to substance abuse intervention*. USA: Academic press.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	04-07-2022 To 08-07-2022	1	Syllabus introduction
		2	Unit 1: Addiction- an introduction
		3	Definition
		4	History
		5	Neurochemistry of addiction
2	11-07-2022 To 15-07-2022	6	Different models of addiction
		7	Biological model
		8	Psychological models
		9	Social and Moral models
		10	Medical and harm reduction model
3	18-07-2022	11	Course and stages of addiction

No of Weeks	Dates	Session	Topic
	To 22-07-2022	12	Types of addictive drugs
		13	Revision
		14	Unit Test
		15	Unit 2: Neurobiology of addiction
4	25-07-2022 To 29-07-2022	16	How do drugs affect nervous system function and behavior
		17	Electrochemical communication between neurons
		18	Pharmacodynamics
		28 July	Karkidaka Vav
		19	Pharmacokinetics
5	01-08-2022 To 05-08-2022	20	Pharmacological application to drug abuse
		21	Neurobiological substrates of drug reward
		22	Brain change in response to prolonged drug exposure
		23	Revision
		24	Unit test
6	08-08-2022 To 12-08-2022	08 August	Muharam
		25	Unit 3: Counseling theories.
		26	Theories of counseling related to addiction treatment
		27	Dangers and recommendations
		28	Psychoanalytic
7	15-08-2022 To 19-08-2022	15 August	Independence Day
		29	Person centered
		30	Control theory
		18 August	Sree Krishna Jayanthi
		31	Behavior theory
8	22-08-2022 To 26-08-2022	32	I internal Examination
		33	I internal Examination
		34	I internal Examination
		35	I internal Examination
		36	I internal Examination
9	29-08-2022 To 02-09-2022	37	Cognitive theory
		38	Revision
		39	Unit test
		40	Assignment
		41	Assignment
10	05-09-2022 To	05 September	ONAM VACATION
		06 September	ONAM VACATION
		07 September	ONAM VACATION

No of Weeks	Dates	Session	Topic
	09-09-2022	08 September	ONAM VACATION
		09 September	ONAM VACATION
11	12-09-2022 To 16-09-2022	42	Seminar
		43	Seminar
		44	Seminar
		45	Seminar
		46	Unit 4: Interventions
12	19-09-2022 To 23-09-2022	47	Crisis intervention- techniques
		48	Short term counseling,
		21 September	Sree Narayana Guru Samadhi
		49	Common addiction recovery crisis
		50	Individual counseling
13	26-09-2022 To 30-09-2022	51	Genuine counseling
		52	Treatment plans
		53	Group counseling- types of groups
		54	Stages of group development
		55	Group leader techniques
14	03-10-2022 To 07-10-2022	56	Specific issues
		04 October	Mahanavami
		05 October	Vijayadasami
		57	Family therapy- types of addictive families
		58	Basic concepts and techniques
15	10-10-2022 To 14-10-2022	59	Co-dependency
		60	Self - help groups and relapse prevention
		61	Revision
		62	Unit test
		63	Unit 5: Counseling for Alcohol Problems
16	17-10-2022 To 21-10-2022	64	Understanding Alcohol Problems,
		65	Therapeutic approaches,.
		66	Process and stages of counseling, s,
		67	Dealing with group
		68	Preventing and dealing with relapse
17	24-10-2022 To 28-10-2022	24 October	Deepavali
		69	II Internal Examination
		70	II Internal Examination
		71	II Internal Examination
		72	II Internal Examination

No of Weeks	Dates	Session	Topic
18	31-0-2022 To 04-11-2022	73	Q&A discussion
		74	Q&A discussion
		75	Revision
		76	Unit test
		77	Q&A discussion
19	07-11-2022 To 11-11-2022	78	Q&A discussion
		79	Final Revision
		80	Final Revision
		81	Final Revision
		82	Final Revision
20	14-11-2022 To 18-11-2022	83	III Semester University Examination
		84	III Semester University Examination
		85	III Semester University Examination
		86	III Semester University Examination
		87	III Semester University Examination
		88	III Semester University Examination
21	21-11-2022 To 25-12-2022	89	III Semester University Examination
		90	III Semester University Examination

Subject Code:	PSY-E06
Subject Name:	FAMILY COUNSELLING
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	Simmy S. Cherian

SYLLABUS OF FAMILY COUNSELLING

Objectives:

- Help the students to understand the importance of family counseling.
- To give awareness about assessment of family context and different theories of family counseling.
- Give awareness about family violence.

Module 1: Introduction

Family and family counseling , The art and science of marriage and family counseling, The changing forms of family life- the nuclear family, the multigenerational family, single parent family, remarried family, dual carrier family, childless family, aging family, gay/lesbian family, multicultural family, origin of family perspectives in counseling and brief history of family counseling.

Module 2: Models and Theory of Family Counseling

Developmental model of family life-family life cycle, stages of family life cycle, family life spiral, family genogram; general system theory and systems approach to family counseling, the communication approach to family counseling, human validation process model of family counseling, structural family counseling, strategic family counseling, multigenerational family counseling, symbolic/ experiential family counseling, psychodynamic family counseling, , Adlerian family counseling, post modern/ social constructionist trends in family counseling- the reflecting team, the linguistic approach, the narrative approach, solution oriented counseling, feministic counselling.

Module 3: Family Violence

Define family violence, theoretical explanation for family violence, child neglect and psychological maltreatment, child abuse, dating aggression, sexual assault and stalking, abused and abusive heterosexual partners. Abused and abusive partners in understudied population, adult intimate partner violence.

Module 4: Assessing Family context

Family context, family assessment general issues, omnibus rating scales, parenting style and practices, marital discord and divorce, parent adjustment.

Module 5: Counseling Process

Marriage counseling-counseling process, skills based marriage counseling, marital assessment, assessment of divorce, family counseling- counseling process, couple counseling, efficacy of couple and family counseling, diversity issues in marriage and family counseling, limitation of family counseling, infertility counseling.

References:

- Nystul, M.S. (2011). Introduction to counseling- an art and science perspective (4th ed.). New Jersey : Pearson education , inc.
- Gladding, S.T. (2009). Counseling – a comprehensive profession (6th ed). New Delhi: Dorling Kindersley India Pvt Ltd.
- Neukrug, E. (2011). Counseling theory and practice. New Dehi: Cengage learning Pvt Ltd.
- Capuzzi, D., Gross, D.R. (2007). Counseling and psychotherapy-theories and interventions (4th ed). New Jersey: Pearson education, Inc.
- Barnett, O.W., Miller-perrin, C. L., Perrin, R.D. (2011). Family violence across the lifespan- an introduction (3rd ed.). India: sage publications, Inc.
- Henderson, D. A., Thompson, C. L. (2011).counseling children (8th ed.). USA: Brooks/cole, Cengage learning.
- Kamphaus, R. W. Frick, P.J. (2005). Clinical assessment of child and adolescent personality and behavior (2nd ed). USA: Springer science and business media, LLC.

- Feltham,C., Horton, I. (2006). The sage handbook of counseling & psychotherapy (2nd ed.). New Delhi: Sage publications India Pvt Ltd.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	04-07-2022 To 08-07-2022	1	Syllabus introduction
		2	Module 1: Family
		3	Family counselling- Nature & Characteristics
		4	The art and science of marriage and family counseling
		5	The changing forms of family life- Seminar
2	11-07-2022 To 15-07-2022	6	The changing forms of family life- Seminar
		7	The changing forms of family life- Seminar
		8	Origin of family perspectives in counseling
		9	Brief history of family counseling
3	18-07-2022 To 22-07-2022	10	Class test- Module 1
		11	Module 2: Models and Theory of Family Counseling Developmental model of family life
		12	Stages of family life cycle
		13	Family life spiral nature
		14	Family genogram
4	25-07-2022 To 29-07-2022	15	General system theory and systems approach to family counseling,
		16	Communication approach to family counseling,
		17	Human validation process model of family counseling,
		18	Structural family counseling
		19	Strategic family counseling
5	01-08-2022 To 05-08-2022	20	Multigenerational family counseling,
		21	Symbolic/ experiential family counseling,
		22	Psychodynamic family counseling
		23	Adlerian family counselling
		24	Post modern/ social constructionist trends in family counseling
6	08-08-2022 To 12-08-2022	08 August	Muharam
		25	The reflecting team
		26	The linguistic approach,
		27	The narrative approach

No of Weeks	Dates	Session	Topic
		28	Solution oriented counseling,
7	15-08-2022 To 19-08-2022	15 August	Independence Day
		29	Feministic counseling,
		30	Class test- Module 2
		18 August	Sree Krishna Jayanthi
		31	Module 3: Family Violence
8	22-08-2022 To 26-08-2022	32	I internal Examination
		33	I internal Examination
		34	I internal Examination
		35	I internal Examination
		36	I internal Examination
9	29-08-2022 To 02-09-2022	37	Define family violence
		38	Theoretical explanation for family violence,
		39	Sexual assault
		40	Child neglect
		41	Psychological maltreatment
10	05-09-2022 To 09-09-2022	05 September	ONAM VACATION
		06 September	ONAM VACATION
		07 September	ONAM VACATION
		08 September	ONAM VACATION
		09 September	ONAM VACATION
11	12-09-2022 To 16-09-2022	42	Child abuse
		43	Dating aggression
		44	Stalking,
		45	Abused and abusive heterosexual partners.
		46	Abused and abusive partners in understudied population,
12	19-09-2022 To 23-09-2022	47	Adult intimate partner violence
		48	Class test- Module 3
		21 September	Sree Narayana Guru Samadhi
		49	Module 4: Assessing Family context
		50	Family context
13	26-09-2022 To 30-09-2022	51	Family assessment general issues
		52	Omnibus rating scales
		53	Parenting style and practices, Parent adjustment.
		54	Marital discord and divorce,
		55	Module 5: Counseling Process
14	03-10-2022	56	Marriage counseling-counseling process, skills

No of Weeks	Dates	Session	Topic
	To 07-10-2022	04 October	Mahanavami
		05 October	Vijayadasami
		57	Couple counseling
		58	Marital assessment & assessment of divorce
15	10-10-2022 To 14-10-2022	59	Family counseling- counseling process
		60	diversity issues in marriage and family counseling,
		61	Limitation of family counseling
		62	Infertility counseling
		63	Class test-Module 5
16	17-10-2022 To 21-10-2022	64	Revision- Module 1
		65	Revision-Module 2
		66	Revision-Module 3
		67	Revision- Module 4
17	24-10-2022 To 28-10-2022	68	Final Revision- Module 1
		24 October	Deepavali
		69	II Internal Examination
		70	II Internal Examination
18	31-0-2022 To 04-11-2022	71	II Internal Examination
		72	II Internal Examination
		73	Final Revision-Module 2
		74	Final Revision-Module 3
		75	Final Revision- Module 4
19	07-11-2022 To 11-11-2022	76	Mock Test
		77	Mock Test
		78	Mock Test
		79	Mock Test
		80	Mock Test
20	14-11-2022 To 18-11-2022	81	Mock Test
		82	Mock Test
		83	III Semester University Examination
		84	III Semester University Examination
		85	III Semester University Examination
		86	III Semester University Examination
21	21-11-2022	87	III Semester University Examination
		88	III Semester University Examination
		89	III Semester University Examination
		90	III Semester University Examination

No of Weeks	Dates	Session	Topic
	To 25-12-2022		